

# Kokomo School Corporation Lunch Menu

# September 2021

## Explain-a-Meal

Choose 3-5

**P** Protein

**G** Grain

**F** Fruit

**V** Vegetable

**M** Milk

(1) must be a **F** or **V**

Schools are in a unique position to provide students with opportunities to learn about and practice healthy eating behaviors

This Institution is an equal opportunity provider.

### PAYMENT OPTIONS:

Each student has a cafeteria account. Payments can be made online at [www.EZSchoolPay.com](http://www.EZSchoolPay.com). Use EZSchoolPay.com to track purchase history and payment history too!

For more information about KSC Food services, visit

[www.kokomoschools.com](http://www.kokomoschools.com)

Menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>P</b>	<b>G</b>	<b>F</b>	<b>V</b>
		1 <i>Loaded Fries Broccoli WG Dinner Roll Applesauce Milk Choice</i>	2 <i>Chef Salad <small>Contains Romaine and Tomatoes</small> Fruit Cocktail Bread &amp; Jelly Graham Cracker PC Milk Choice</i>	3 <i>Chicken &amp; Cheese Quesadilla Diced Tomatoes Refried Beans Strawberry Cup Milk Choice</i>	✓	✓		✓
6 <b>Labor Day</b>  <b>No School</b>	7 <i>Grilled Chicken w/ Marinara Sauce &amp; Pasta Steamed Broccoli Diced Pears Dinner Roll Milk Choice</i>	8 <i>Mexican Lasagna w/ Tomatoes and Refried Beans Applesauce Milk Choice</i>	9 <i>DCD CKN Caesar Salad <small>Contains Romaine and Tomatoes</small> Mandarin Oranges Dinner Roll Milk Choice</i>	10 <i>Meatloaf Whip Potatoes Green Beans Peaches w/Blueberries Graham Crackers Milk Choice</i>	✓	✓		✓
13 <i>Gen TSO's Chicken w/Rice Broccoli Steamed Carrots Diced Peaches Dinner Roll Milk Choice</i>	14 <i>Chicken &amp; Noodles Whip Potatoes Green Beans Fruit Cocktail Dinner Roll Milk Choice</i>	15 <i>Hot Dog on Bun Baked Beans Wango Mango Juice Applesauce Milk Choice</i>	16 <i>Taco Salad: <small>Contains Romaine and Tomatoes</small> Diced Pears Tortilla Chips Milk Choice</i>	17 <i>Breaded Chicken Leg Tater Tots Cauliflower Blue Rasp/Lemon Sidekick Dinner Roll Milk Choice</i>	✓	✓		✓
20 <i>Breaded Tenderloin/Bun French Fries Baked Beans Diced Pears Milk Choice</i>	21 <i>Chef's Choice 1/2 C Veggie 1/2 C 2nd Veggie 1/2 C Fruit Milk Choice Or Spaghetti Meal</i>	22 <i>Chef's Choice 1/2 C Veggie 1/2 C 2nd Veggie 1/2 C Fruit Milk Choice Or Taco Meal</i>	23 <i>Grilled Chicken Salad <small>Contains Romaine and Tomatoes</small> Diced Peaches Bread &amp; Jelly Milk Choice</i>	24 <i>Pepperoni Pizza Marinara Sauce Cauliflower Parmesan Applesauce Milk Choice</i>	✓	✓		✓
27 <i>Corn Dog Sweet Pot Waffle Fries Baked Beans Applesauce or Pears Milk Choice</i>	28 <i>Cheese Pizza Steamed Carrots Green Beans Dried Cranberries or Diced Pears Milk Choice</i>	29 <i>Loaded Fries Broccoli WG Dinner Roll Applesauce Milk Choice</i>	30 <i>Chef Salad <small>Contains Romaine and Tomatoes</small> Fruit Cocktail Bread &amp; Jelly Graham Cracker PC Milk Choice</i>	<b>Fresh Fruit and Fresh Vegetable will be offered when available</b>	✓	✓		✓

Offered Daily are Additional Meal Choices such as: Hot and/or Cold Sandwiches-Salads-Yogurt Meals-Hot dish